WOODSIDE STUDENTS



Adapted from Who's Your One Student Devotions

What is One Life? One Life is not a project. One Life is not a one and done event, rather, it is about One person in your life that you have the opportunity to impact for the sake of Christ. It is One person who has been placed in your life and <u>you</u> could affect their eternity. Perhaps your One Life is a classmate, a coworker, a teammate or a family member.

It's not our job to save people, only God can do that. However, it is our responsibility as those who have received the love of Christ to share the gospel with a world in desperate need of it. God has done incredible things in our lives and we have the extreme responsibility and privilege to share of this incredible God!

We pray that this resource inspires and encourages your own relationship with Christ and that you would be encouraged in your love for our brothers and sisters who have yet to meet Jesus.

Who is your One Life?

DAY ONE | CALLED TO FOLLOW

READ: Mark 1:16-20

And Jesus said to them, "Follow me, and I will make you fishers of men."

In Mark 1, Jesus calls Peter, Andrew, James and John to drop their nets and follow Him. Notice they didn't say, "Sorry Jesus, I am too busy with sports. Maybe when the season is over." They didn't say, "We will follow you if you don't ask us anything that is an inconvenience to us." Instead, the men dropped what they were doing and gave up the lives they had ever known to follow Him. Instead of fishing for food, they learned to fish for men.

Fishing was an identity for these men. They weren't going to be anything other than fishermen yet Jesus sees something different in these young men. Jesus meets them where they are, and speaks to them about what they know best, fishing. And through this, Jesus gives them a vision for what God can do through them. You might not be a fisherman, but you are a *something*, and God can work through you calling and gifts to change lives, as God turned the world upside down through these ordinary men who decided to answer God's call upon their lives.

Before these men could reach the lost and do big things, their first step was to "drop their nets." They had to leave behind all they knew. They had to drop their past, drop their comforts, and drop anything that would distract them from the most important thing they would ever do with their lives— to know Jesus and to make Him known.

PRAY: Take time to pray and thank God for saving you. Ask God to reveal the things that are distracting you from Christ. Ask Him to make it clear who you should be actively pursuing as your One Life.

ACT: Commit to pray for your One Life by name every day.

READ: Luke 4:1-13

But Jesus answered him, "It is written: Man must not live on bread alone."

One time in seventh grade, I was getting ready for a basketball game. The school always had a concession stand that sold pizza, nachos, candy and the sorts. My friend and I bought four pieces of pizza each and ate it super fast, and then it was time to get the court and take the Dub. Halfway down the court in the final quarter, I was feeling sick and before I knew it, I threw up on the court in front of everyone! I was tempted by the dazzling greasy pizza and gave in to it, and suffered the consequences.

Did you know Jesus also faced temptation? Jesus had been in the hot, dry and treacherous desert for 40 days. You can imagine how hungry, thirsty and exhausted He must have been! Since Jesus was extremely hungry, it was only fitting for Satan to tempt Him to turn stones into bread. However, Jesus refused to give into this temptation. He knew that His obligation to please the Father was more important than pleasing His flesh.

Jesus was hungry, so Satan tempted Him with food. Satan knows our weaknesses, so it only makes sense for him to tempt us with the things that we desire. If you struggle with lust, Satan probably isn't going to lure you with gossip. If you struggle with gossiping, he is not going to waste his time tempting you with alcohol.

PRAY: Ask God to protect your heart and mind from the tricks of the enemy. Also, ask Him to give you the strength and faith to walk away from temptation when it comes your way.

ACT: Identity the things you struggle with and let your small group leaders or trusted friends know so they can encourage you when you feel tempted. Once you know your weaknesses, you can be ready to combat Satan before he has a hold over you. You can stand firm and live a life that is set apart! You will have a hard time impacting your One Life if your lifestyle doesn't look any different than theirs.



DAY THREE | LET YOUR LIGHT SHINE

READ: Matthew 5:13-16

In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

There are many Christians who believe that they are to separate themselves from the world completely. They feel that the more they hide themselves, the less they will get affected by worldly things. However, Jesus taught that we are not to separate ourselves from the world. We are called to be in the world but not of the world, meaning that we are still called to take every opportunity we have as we are passing through this earth. Yet we can reflect the light of Christ so that others may come to know Him while living a life that is set apart.

Jesus encouraged His followers to be salt and light. Salt affects the taste of things and can change the flavor completely! Food without salt is definitely not the best, is it? Light breaks darkness and attracts those who are in need of seeing. Jesus told His listeners not to hide their light. It will require bravery and strength, but we need students to shine His light in our schools and community to be the change in a dark world.

PRAY: Thank Jesus for being the Light of the World. Ask Him to daily shine through you as you go out to be a light for others, so they may see God's glory through you.

ACT: Write down some practical ways that you can allow God to shine through you while you're around your one, so they may be drawn to the Light of the World.



DAY FOUR | LIVE DIFFERENTLY

READ: Matthew 5:21-48

Be perfect, therefore, as your heavenly Father is perfect.

Right in the middle of His Sermon on the Mount, Jesus calls for His followers to act totally different from the rest of the world. He calls them to act in ways that contradict the natural tendencies of our human nature.

Let's look at Jesus' countercultural ideas:

- Be the bigger person and attempt to reconcile fights and disagreements.
- Intentionally avoid situations so you will not be tempted to sin!
- If you make a promise or commitment, keep it.
- Go above and beyond what people expect from you. Don't settle for mediocrity when helping others.
- Love your enemies. Do good to those who are unkind to you, and pray for your enemies!

Jesus asks us to live completely opposite to that which is normal among our friends and peer groups.

This is undoubtedly a very difficult lifestyle, but it is exactly what will attract the attention of a lost world. Let's blow some minds for Christ's sake by putting these truths into practice!

PRAY: Ask God to show you areas of your life where you need to trust Him and live differently. Ask Him for the strength to walk in obedience to what He shows you.

ACT: Take the time to think about what truths from above you can put into practice every day of your life starting today. Let your One Life see something different in you. When they ask you about it, the Holy Spirit is opening a door to point them to Jesus.



DAY FIVE | FOCUS ON WHAT MATTERS

READ: Matthew 6:19–24 But store up for yourselves treasures in heaven, where neither moth nor rust destroys, and where thieves don't break in and steal.

Imagine you received the most beautifully packaged gift. It is large, with bows with perfectly curled ribbons and the wrapping is exquisite. You are so excited to open it, only to find it it is empty. You might have appreciated the package, but you probably would be disappointed there was nothing inside.

Jesus teaches us a valuable lesson here in Matthew 6:19–24. He tells us plainly that God wants what is on the inside as well. Many people spend their whole lives trying to make their wrappings as attractive and colorful as possible, while neglecting to focus on what really matters- the inside.

So many spend their entire time in middle and high school seeking temporary pleasures and things that will not last. Perhaps you want to be known as the smartest in their class, so you focus all your time trying to get the best grades. Perhaps you are the star athlete on your team, or perhaps you are tik tok famous and you do anything you can to maintain your status.

Although none of these are inherently bad, do these fill you with true joy and give you a sense of purpose? Will these things matter in ten years? Ultimately, are your motivations drawing you closer to God or farther away from Him?

PRAY: Ask God to reveal to you what you're focusing on the most. Is it your packaging or what's on the inside? Are you allowing the world to grab your attention? Are you focusing on the opinions of others? Ask God to refocus so you can set your sight on Him.

ACT: Take some today to intentionally put away any distractions and listen to worship music. Think about how you could encourage your One Life.

DAY SIX | TELL YOUR STORY

READ: 1 Peter 3:15-16

If someone asks about your hope as a believer, always be ready to explain it.

Stories are powerful. They have the power to captivate our attention and change the way we see others or even ourselves. The cool thing is that everyone has a story. Everyone has a story of where they came from, and what has made them who they are! When you tell other people about what God has done for you, you are sharing your testimony! A testimony is the story of how God has worked in our lives. It doesn't matter how crazy or how boring you think your story is, it reveals God's goodness and His love for you, but can also reveal the goodness of God to others.

Testimonies are not only stories of God's goodness, but they are also the way we live now contrasted with our previous circumstances. Titus 3:3-7 beautifully sums up God's redemption and the ways he renews us as children of the Almighty God. We testify the God's power, redeeming grace, and our new identity in Jesus Christ simply through our actions and choices we make.

When we don't share the story of how we met Jesus and how He's changed our lives, we limit the purposeful impact Jesus wants to make through us. Testimonies are incredible stories that don't have to be spoken in a crowded room over a speaker, but can simply arise during a conversation over a cup of coffee at Dessert Oasis or in your classroom!

PRAY: Pray that God would give you an opportunity to share your story with your One Life!

ACT: Check out the Tell Your Story template at the back of this devotional and write out your testimony! This will include who you were before you met Jesus, how you met Jesus and who you are now because of Jesus. This will help clear your thoughts and organize the events of your life to clearly see how God has been moving!



DAY SEVEN | UNDER PRESSURE

READ: Mark 6:14-29

Although the king was deeply distressed, because of his oaths and the guests he did not want to refuse her.

We asked several students at Wake and Oasis what the hardest thing is about being in middle and high school. We asked a total of 20 students, and seventeen of them said peer pressure was the hardest thing to deal with. This is a crazy number as we don't always talk about the peer pressure that we are being faced with. But isn't it so encouraging to know that we do not walk alone through these struggles?

Peer pressure is a problem for young and old alike. We'll allow people to talk us into actions that go against our better judgment. No matter the consequences, we're still ultimately responsible for our own actions.

In Mark 6:14–25, King Herod is first tempted by his flesh and then encouraged into action by those surrounding him. Herod knew there was something different about John the Baptist. The king knew John could possibly be a man from God. However, Herod had John the Baptist had John the Baptist murdered because it was more important for Herod to keep his friends and his evil wife happy than it was for him to do what was right.

It's amazing how often so-called "friends" will keep us from doing what is right, and ultimately, they will keep us from God. Most of the time doing the will of God means going against what the crowds want.

PRAY: Ask God for strength today to make the choice of glorifying God even if it's not the popular thing to do. Living for Christ is seldom popular and it can be lonely, but it is always right.



ACT: Make a list of things that you get peerpressured into that are not pleasing to God. Spend time reading that list. Those are things you need to stop doing because those are the things that distract you from the mission to which God has called you. Take practical steps to cut these things out of your life, so you can be a better witness to your one.

DAY EIGHT | CALLED TO SERVE

READ: John 6:1-14

There's a boy here who has five barley loaves and two fish-but what are they for so many.

I wonder how often people hold back their talents, gifts, and offerings to God because they think they are too small to make any kind of difference in the Kingdom. How many times have you held back your talents and gifts from God's use because you thought they were insignificant? How many times have *you* felt insignitfant and incapable just because you are a student? People are guilty of using their "insignificance" as an excuse for not doing anything for the kingdom of God.

The Gospel of John records an account of the Son of God feeding more than 5,000 people. Jesus and His disciples looked upon a large hungry crowd, and then He looked for someone to make an offering. A small boy decided to give his lunch up rather than keeping it for himself. These five loaves of bread and two fish were seemingly insignificant and seemingly useless when taking into consideration the 5,000 people that needed to be fed. Yet Jesus took the five barley loaves and the two fish, blessed them and fed the whole crowd until they were full. Not only was the crowd full, but there were also 12 baskets of leftovers!

Can you imagine the blessing and enjoyment the young boy received from giving his small offering to the Lord and serving others with it? What if the boy had kept his lunch for himself, either because he was selfish or because he thought it was too insignificant? He would have really missed out on this incredibly huge blessing!

No offering or act of service is too small or insignificant. Whether you are talented at art, or you are talented musically. If you are an incredibly talented chef, or if you know everything about how to fix a car. No matter what it is that you are gifted at, use what you have been given to bless others!

PRAY: Spend time thanking God for all the different ways He has blessed you. Ask Him to reveal to you a way that you can serve your one today.

ACT: Identify one kind thing you can do to serve and bless your One Life!



DAY NINE | EYES ON HIM

READ: Matthew 14:22-33

Then those in the boat worshiped him and said, "Truly you are the Son of God."

There is one important truth I have learned throughout my life; seasons come and seasons go. Some of these seasons are filled with blessings and joy, and other seasons are difficult, and it is hard to find the joy during these times. But no matter what you are going through, it is so important to fix your eyes on Christ! When we become lost and confused and focus on the circumstances we find ourselves in instead of Christ, we will sink and fall every time!

In Matthew 14:22–33, Peter had a very interesting encounter with Jesus. The disciples were out in the middle of the sea when a big storm came in. They were afraid, and then Peace came. Jesus walked across the water towards the disciples. Peter recognized Jesus and asked if he could come out of the boat towards Jesus. Then Peter began to walk on water!

He was doing the miraculous because he was keeping his eyes on Jesus! However, when he began to notice the storms around him, Peter took his eyes off of Christ, placed them upon the turbulent waters around him and began to sink.

Many times, when the waters start raging around us, we will immediately take our eyes off of Christ and will begin to sink. We become focused on the stress, our fear, the people around us, and we don't look to Christ for help. Yet Peter cried out to Jesus for help, and Christ pulled him up again. Then they both walked on water back to the boat. Likewise, we can always fix our eyes on Him throughout all of our life's storms, and even when we lose our sight on Him, He will always be there to help us back up.

PRAY: Thank God for all the times He has rescued you when you took your eyes off of Him. Ask Him to help you stay constantly focused on Him.

ACT: Send a text or DM to your one today asking them if there is anything specific you can pray for them about. Who knows? They may feel like they are drowning right now. You very well may have an opportunity today to help them turn their eyes to Jesus.



DAY TEN | WORDS REVEAL

READ: Matthew 15:10-20

But what comes out of the mouth comes from the heart, and this defiles a person.

I remember as a young boy playing outside a lot and getting really dirty. My mom would come to the door and yell, "Dinner is ready!" I would immediately run in and sit at the table while my hands were caked with mud from playing in the dirt. I was ready to eat! However, she would always say, "Shane, go wash your hands." My mom didn't want me touching the food that was going into my mouth with my dirty hands.

It's ironic because the Pharisees of Jesus' day had a law about washing hands, but for spiritual reasons. In Matthew 15:10–20, Jesus uses this law as a teaching principle about the inner person. As important as it is to wash your hands before putting food into your mouth, it is actually more important to realize that what comes out of your mouth can be unhealthy spiritually. Jesus said, "What goes into your mouth is soon eliminated, but what comes out of your mouth can last a lifetime because it reveals your true heart" (v.17–18).

What proceeds out of your mouth? What good is it to do all of this religious activity if your heart is full of evil? You must realize that you are judged according to the condition of your heart—not just by what you do.

How can you know what the condition of your heart is? You will find your answers in what you say. Are unclean words streaming from your mouth? How about negativity, gossip or words of anger?

PRAY: Ask God to reveal to you some possible things that come out of your mouth that aren't pleasing to Him. Ask God to change your heart and replace those words with ones that are pleasing to Him.

ACT: Think about the things you have said in the presence of your one. Is there anything you need to apologize for doing or saying? It's hard for them to hear you talk about Jesus if they are hearing you talk about things that don't reflect His nature.



DAY ELEVEN | YES LORD

READ: Luke 18:18–27 He replied, "What is impossible with man is possible with God."

Let's say I have a house with 12 rooms, and each room has a door with a specific key to unlock it. Let's also imagine that you want to buy that house from me for a large sum of money. What if you paid me in full up front, but I only gave you six out of the 12 keys? I tell you, "Here are six of the keys, so that means you can't use the upstairs bathroom, the closet, the bedroom on the left or the downstairs washroom, etc." Without a doubt, you would say, "No way! No deal!"

Many times, we try to offer Jesus Christ the same type of deal. In Luke 18:18–27, a rich young ruler approached Jesus with the ultimate question: "Good Teacher what shall I do to inherit eternal life" (v.18)? If you continue to read, you will see that after some discussion the young ruler walked away sorrowful, because he was trying to receive eternal life on his own terms. Jesus explained that eternal life is received when you give up your life to Him. Unfortunately, the young man was unwilling to do that.

Often, we approach Christ offering Him just part of our lives. We need to realize that He doesn't want parts of you, He wants all of you. Once we say, "Yes" to Jesus for salvation, we need to "Yes" to Him in all areas of life. During the last few months, we have seen things change drastically with Covid. Things in life can change at any moment, and ultimately,anything can be taken away at any moment. But God will never change and He promises to care for you! We can never fully know God if we do not allow ourselves to be known by Him.

PRAY: Ask God, "What keys of my life am I still holding on to today?" Allow Him to unlock those doors and clean out the mess. Give Him total ownership of your house. It's difficult to share with others about surrendering to Jesus if you are still holding on to things yourself.

ACT: Salvation is not possible based on what we do; it is only possible because of what God has done. It is a true miracle. Write down at least three ways that God has worked in your life to see How faithful He has been!



DAY TWELVE | LOVE GOD, LOVE PEOPLE

READ: Matthew 22:32-40

He said to him, "Love the Lord your God with all your heart, with all your soul, and with all your mind."

If you had the opportunity to ask Jesus something face to face, what would you ask? Think of the biggest God-sized questions you could think of. What does Christianity really mean? What is the purpose of my life? Why do all these bad things happen in the world?

In Matthew 22:36–39, a lawyer asked Jesus one question: "Teacher, which command in the law is greatest?" Jesus responded with two commandments that coincided with one another. "Love the Lord your God with all your heart, with all your soul, and with all your mind. This is the greatest and most important command. The second is like it: Love your neighbor as yourself."

Jesus explained that all the laws and everything that the prophets taught hung on loving God and loving one another. You can't have one without the other. Loving God with all your being will cause His love to overflow from within you to other people, because this is precisely how He loves.

You can't really love other people unless you sincerely love God. True love comes from God. "Dear friends, let us love one another, because love is from God, and everyone who loves has been born of God and knows God" (1 John 4:7). On the other hand, if you have a hard time getting along with people and showing love to your neighbor, then you must check your love for God. "If anyone says, 'I love God,' and yet hates his brother or sister, he is a liar. For the person who does not love his brother or sister whom he has seen cannot love God whom he has not seen" (1 John 4:20).

PRAY: Ask God to give you an overflowing love for Him and for others. You'll be more effective at sharing Jesus and loving others when you do it out of the overflow of your love for God.

ACT: Make a list of people in your life who love God and love you well. You have been blessed; now be a blessing to your one by loving them in a way that they can see the love of God through you.



DAY THIRTEEN | TWO KINDS OF PEOPLE

READ: Luke 23:3-43

And he said to him, "Truly I tell you, today you will be with me in paradise."

This text of Scripture is one of the best known out of all four gospels. There are several points that really jump out of the text and grab your attention when you read it. Jesus is declared innocent by one of the thieves: "We are punished justly, because we're getting back what we deserve for the things we did, but this man has done nothing wrong (Luke 23:41)." Also, Jesus makes a promise to the one thief that God's saving grace is immediate upon repentance and belief: "Truly I tell you, today you will be with me in paradise" (Luke 23:43).

However, I want to focus on one other truth from this section of Scripture. There were two thieves—one who continued to mock Jesus in unbelief and the other who realized this man was not like them. One thief realized Jesus was Lord and acknowledged him as his Lord. This thief was promised Paradise, and the fear of death was released from him because of that promise. But the other thief who refused to recognize Him as Lord and continued to mock Him ultimately died and was separated eternally from this Paradise the other man had received!

This truth is an exact picture of every man and woman in the world. There are 7.7 billion people in the world today, and yet there are only two kinds of people— those who recognize Jesus as Lord and those who refuse to acknowledge Him as Lord. There is no middle road! When it comes to Christ's Lordship, there is no gray area! You're either a follower of Jesus, or you're not.

PRAY: Spend a moment with a thankful heart that you're in the family of God. Then, spend some moments praying with a broken heart for you one, who is not. However, be hopeful, because they can be.

ACT: Today, text, call or DM your one. Specifically, ask them when there can be a time to meet in person or over FaceTime.

This meeting will be for you to have a gospel conversation with them. Urgency is the key word for today.



DAY FOURTEEN | SAVED TO SEND

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READ: John 21:1-17

He asked him the third time, "Simon, son of John, do you love me?" Peter was grieved that he asked him the third time, "Do you love me?" He said, "Lord, you know everything; you know that I love you."

Have you ever felt as though you messed up so bad that God could no longer use you? If you have had a relationship with Christ for any significant length of time, then there's a good possibility that you've felt like this at one point. Peter experienced a feeling of uselessness after he denied knowing Jesus three times; however, Jesus wanted to use Peter and he was going to restore him.

Peter had gone back to fishing after he denied Christ three times. He felt that God was finished with him. God had a different plan. In this section of Scripture, Jesus asks Peter three times, "Do you love Me?" Peter's third response was much different from when he boasted before—when he said that he would never deny Jesus (see Matthew 26:35). This time, however, Peter says,

"Lord, You know all things; You know that I love You" (John 21:17).

Peter's heart had changed, and the Lord knew it, so He restored him that day. Simon Peter went from boasting that he knew all to confessing that Jesus knew all. His love for Jesus opened the door for him to be used once again.

PRAY: Thank God for His amazing grace. Thank Him that He is not done with you. Ask Him to constantly remind you that you are no longer defined by your past mistakes; you're defined by who He says you are.

ACT: Reflect on God's grace. Let that build confidence in you to be able to share the gospel with boldness and humility. The important truth to remember today is Jesus knows your heart. You should never feel like God can no longer use you. He can still use and restore you. Use those mistakes as your testimony of what God has done in your life. Share that grace with your one.

DAY FIFTEEN | HE IS NOT SLOW

READ: 2 PETER 3:8-9

The Lord does not delay his promise, as some understand delay, but is patient with you, not wanting any to perish but all to come to repentance.

It's hard to endure in evangelism. It's hard to continue to want to share about Christ when others constantly reject you and constantly say no when you invite them to church. There could be friends and family members in your life who you have been praying for and sharing the gospel with for years, and there is not the slightest nudge of spiritual interest. Sharing the gospel can be discouraging, but God's timing is not like ours. God is patient, and He does not desire anyone to suffer in life or to pass away without knowing Him. Making Christ known in a dark world is not easy, but it is more than worth it. Keep laboring in faith knowing you serve a God who is not slow, but is patient with you and with those you are sharing with, including your one. He has not given up on your one!

PRAY: Thank God for His amazing grace. Thank Him that He is not done with you. Ask Him to constantly remind you that you are no longer defined by your past mistakes; you're defined by who He says you are.



DAY SIXTEEN | LET'S GO

READ: Matthew 28:16-20

Go, therefore, and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit.

Jesus had already risen from the dead, and in these verses He calls His followers to a high and holy calling known as The Great Commission. Today, let's focus on some challenging and reassuring truths from this calling given to every believer. A lot of people think that being a Christian is just sitting in the same pew every week watching the pastor and church staff do all the ministry.

However, every believer is called to evangelism, discipleship and to teaching others about the greatness of the Risen King, Jesus. Every follower of Jesus is called to:

- 1. Evangelize: Go and spread the goodness of the love of Christ! Share Him with your classmates at school!
- 2. Mentor: Make disciples! Pour into the younger students at Wake and Oasis!
- 3. Get out of our church walls: What can you do in your community to serve others?
- 4. Be Baptized: Do you want to get baptized to outwardly show what Christ has done on the inside? Let your small group leader or staff know!
- 5. Teach the Bible: Study the Word of God for a clear understanding so you are able to share His word!
- 6. Realize we don't have to do all the work alone! Jesus says, "I am with you always". He is always with you, and you have a body of brothers and sisters who fight with you!
- 7. Know He will be with us forever: to the end of the age. He will never leave you. No cap.

There are five challenges from the above list (1–5) and two reassurances (6–7) given to us by Jesus Christ.

As a child of God, are you participating and practicing these challenges, or are you just sitting in the pews?

If you are putting these challenges into practice, are you placing your trust in these two reassurances, or are you relying on your own strength?

PRAY: Thank God for using this time over the last 30-days to turn your focus to Great Commission action.

Also, thank Him for reminding you that you are not alone in this work! He is with you.

ACT: Remember, if you have the Holy Spirit, you may be the next generation, but you are the church of today. You are called to the Great Commission now.

Tell your one about Jesus. Encourage your friends to have a one, too.



YOUR STORY IS GOD'S STORY: Creating your testimony

My Life Before Christ

What about my life before Christ will relate most to the non-Christians I know?

What did my life revolve around? Where did I get my security, identity or happiness from?

How did these things influence my life? How did these things affect me?

How I Came to Christ

When was the first time I heard the gospel? What were my initial reactions?

When and why did my perspective of Christ begin to change?

What were the final struggles that went through my mind just before I accepted Him? Why did I finally decide to accept Christ (or give Him complete control of my life)?

My Life After Coming to Christ

How is my life different now? List some specific changes in your character, attitude and perspective on life.

What motivates me now? What do I live for?

Even though my life still isn't perfect, how does knowing Christ help me deal with that fact?

Is there a verse that has pariticuarly provided comfort or brought you peace?

Pray before you write out and share your story. Ask God for wisdom and the words to say.

Don't be overly negative or positive. Be honest.

Glorify God by describing what he has done and is doing in your life, rather than focusing on the sin you once walked in

Think about your listener. Avoid overly Christianese laugnage to help your listener understand!

Aim to keep your story to three to five minutes. At that length, it's easily something you can share in a conversation without it becoming a monologue.

Practice your testimony out loud several times until you feel comfortable with it.



you are loved. you are enough. you are never alone.