

Have fun learning and playing  
with your preschooler!



**First, watch  
this week's  
video!**

### Bible Story

Nehemiah Repairs a Wall  
(Nehemiah 1-3)

### Remember This

"Give thanks to the Lord,  
for he is good."  
Psalm 107:1, NIV

### Say This

Who is good?  
God is good.

## Activity

### Tissue Walking

#### What You Need:

Box of tissues (or a few sheets of toilet paper)

#### What You Do:

Invite your preschooler to play a game with you. Say, "I'm going to give you a tissue. I want you to place the tissue on your head and walk across the room like this with the tissue balanced on your head. (*Demonstrate.*) If it falls, you must freeze! I will be your helper and place the tissue back on your head. Then I will count to three and you can unfreeze and walk again."

Give your child a tissue to place on their head. Say, "Are you ready? Let's go! Start walking and we'll watch to see if it falls."

As your preschooler walks, watch for the tissue to fall. When it does, say, "Freeze!" Pick up their tissue and place it back on their heads. Say, "I am your helper. I will place the tissue back on your head." Then count to three and encourage them to walk around again.

Play as long as time and interest allow.

Say, "That was some great balancing you did. But did you know what my favorite part was? Being your helper. God gave us so many good things, including people who help us! Who is good? God is good!"

## Prayer

"Dear God, thank You for giving us people to help us. You are so good! Thanks for loving us. And we want to say, 'We love YOU,' too! Amen."