TEAM**woodside** | *fundraising*

Team Woodside uses a fundraising platform called GoMethod to keep things simple for both runners and donors. (This system is new to us, replacing our previous platform, GoFundMe.)

Click below to head there now:

Team Woodside Fundraising Platform

Create An Account

Our team's fundraising page looks like this.

To set up your personal fundraising page, click *"Register Today".*

① **If you have an existing account, click here to enter your email address and password**

② **If you're new to GoMethod, click this button to set up an account**

When creating your account, follow these steps to get set up:

① Enter your personal information and create a password

② Select who you're registering (is it just you, or other people as well?)

③ Press "Resolve" to fill in your incomplete profile information

④ Enter your information and select "Complete Application"

⑤ Click "Continue"

⑥ Select whether you'd like to pay the $555 minimum fundraising commitment (which covers your child sponsorship, jersey, and miscellaneous expenses) today, or click the $0 deposit option to postpone the payment for a later date

⑦ If you elect to pay the fundraising minimum today, enter your payment information and press "Submit Application"

⑧ If you elect to postpone the payment, confirm your contact information and press "Submit Application"

Team Woodside | Detroit Free Press Race Weekend ⌄

Need to register for an account? No problem!
Just tell us a little about yourself and you'll be on your way

What is your name?
First name   Last name

Email address?
This is required for verification and for communication from trip leaders

Birthdate   **Gender**
We need this to validate age requirements
MM/DD/YYYY   ☐ Male   ☐ Female

Now pick a password
Please type it twice to confirm

◂ Cancel   **SIGN ME UP!**

Team Woodside | Detroit Free Press Race Weekend ⌄

Almost done! What are you going to pay today?
The application fee is required for everyone that you are registering today

Have a coupon code?
[   ]   **APPLY**

First Last Team Member		$555.00
Event Cost – Team Member		$555.00
Paying today	☑ $0.00 DEPOSIT	☐ $555.00 TOTAL COST

**CONTINUE TO FINAL STEP**

Registration Progress
60% ▬▬▬▬▬▬

✓ Who's Going?

✓ Requirements?

③ Payment Commitment
What are you paying today and what will each registrant be financially responsible for?

④ Payment

⑤ Complete!

Customize Your Personal Fundraising Page

When you've finished creating your account, click "My Events" and select our event, "2023 Detroit Free Press Race Day" to customize your personal fundraising details.

The first thing you'll see is your Dashboard, where you can:

① Edit your profile

② View a countdown to the event

③ Track what percentage of the $555 fundraising minimum you've met so far

④ See what percentage of tasks you've completed

⑤ Preview upcoming team meetings

⑥ See a snapshot of your recent fundraising history

⑦ Access your personal fundraising page

⑧ Share your personal fundraising page on social media or via email

Dashboard

Details

Event Story

Funding

Checklist

Meetings

Discussions

My Preferences
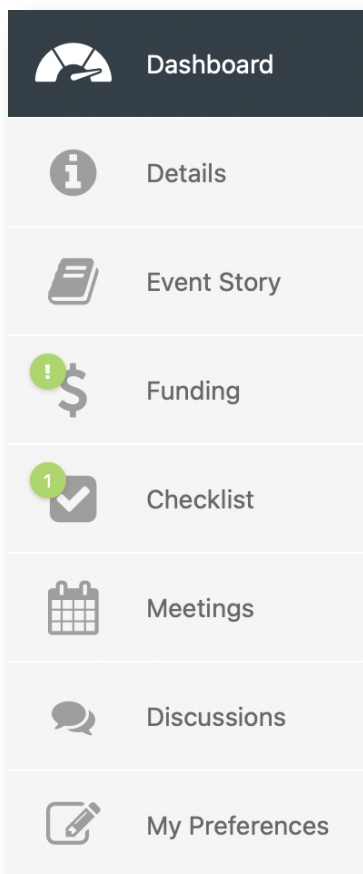
On the left side of your screen, you'll see a menu with additional options. We invite you to take time on your own to explore these tools and resources, but want to point out a few important things you'll need to do as you get started.

① **Trip Story** – Fill out the Trip Story section with your personal story: Why are you running? What do you hope to achieve? Let your heart for Team Woodside and child sponsorship shine through

② **Funding** – View donations you've received and make payments to your campaign

③ **Checklist** – Complete important action items assigned by the Team Captains

④ **My Preferences** – Select "Visible for Public Support" to allow your name to show up on the public event page for public support, creating an opportunity for more people to donate to your personal campaign

View & Share Your Personal Fundraising Page

To view your personal fundraising page, where others can donate to your campaign, follow these steps:

① Navigate to your Dashboard

② Click the link under "Your Trip Page"
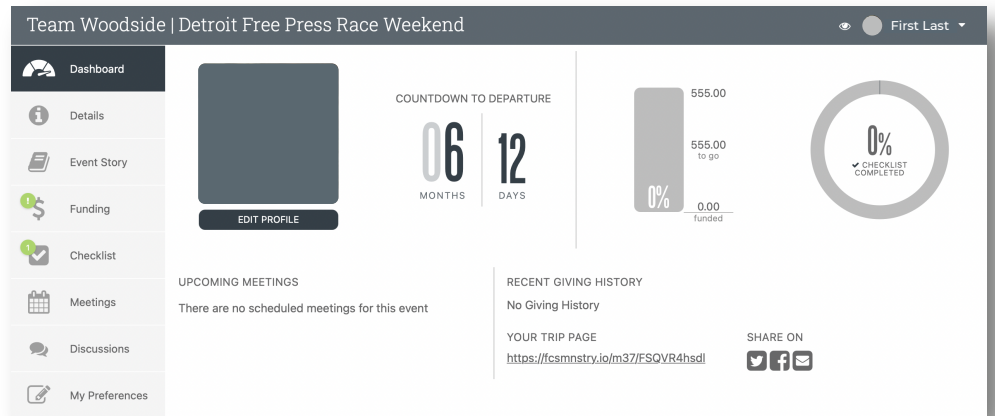
Here, you'll see how others can donate to your campaign. At the top, you'll see your own name and the "Trip Story" you've customized to share your personal reasons for being a part of Team Woodside.

To share this page with others so they can donate, take these simple steps:

① Navigate to your Dashboard

② Click the Twitter, Facebook, or email icons to share a link to your personal fundraising page via those platforms
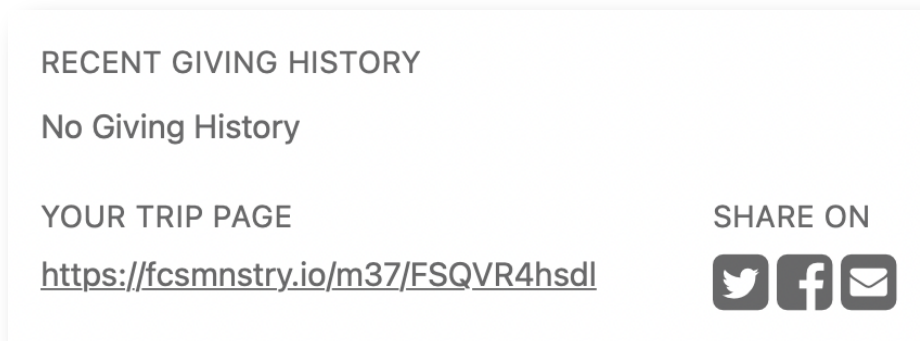
TEAM **woodside** | *facebook pages*

Team Woodside has two Facebook pages. The first is our **Team Page**, where you can go to receive updates and encouragement from us.
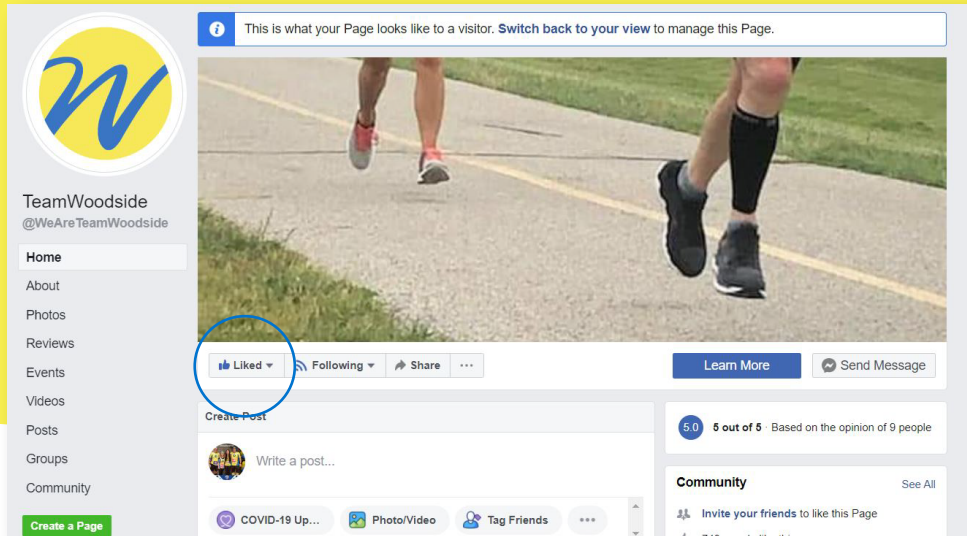
The second is our **Group Page**, where you can post and keep up with your teammates.
This is a great place to find running plans, share your progress, and more.

Like our Team Page to stay in the loop on all things Team Woodside.

To join our Group Page, click here to request membership.

Use the Files tab to access training schedules for a marathon and half marathon.

Full Marathon *Training Schedule*

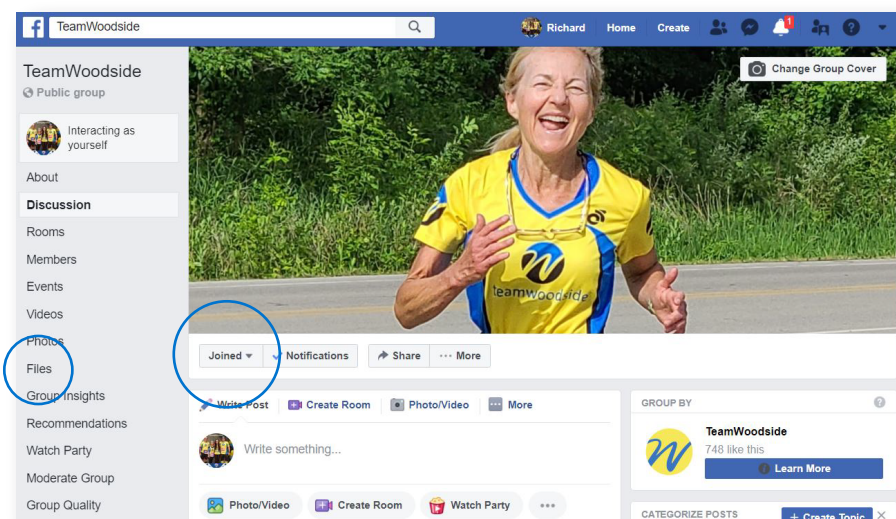**The first 6 weeks are ==*Base Training*==. We highly recommend this if it is your first full marathon.**   *Training days are Tuesdays, Thursdays, and Saturdays

#					
①	April 18	30min	April 20	35min	April 22	40min
②	April 25	30min	April 27	35min	April 29	40min
③	May 2	35min	May 4	35min	May 6	45min
④	May 9	40min	May 11	40min	May 13	50min
⑤	May 16	40min	May 18	40min	May 20	60min
⑥	May 23	45min	May 25	45min	May 27	5k

==Official Training Starts!==

#					
①	May 30	3 miles	June 1	3 miles	June 3	5 miles
②	June 6	3 miles	June 8	3 miles	June 10	6 miles
③	June 13	4 miles	June 15	3 miles	June 17	6 miles
④	June 20	4 miles	June 22	3 miles	June 24	8 miles
⑤	June 27	5 miles	June 29	3 miles	July 1	10 miles
⑥	July 4	5 miles	July 6	3 miles	July 8	7 miles
⑦	July 11	6 miles	July 13	3 miles	July 15	12 miles
⑧	July 18	6 miles	July 20	4 miles	July 22	1/2 marathon !
⑨	July 25	7 miles	July 27	4 miles	July 29	10 miles
⑩	Aug. 1	7 miles	Aug. 3	4 miles	Aug. 5	15 miles
⑪	Aug. 8	8 miles	Aug. 10	4 miles	Aug. 12	16 miles
⑫	Aug. 15	8 miles	Aug. 17	5 miles	Aug. 19	10 miles
⑬	Aug. 22	9 miles	Aug. 24	5 miles	Aug. 26	17 miles
⑭	Aug. 29	9 miles	Aug. 31	5 miles	Sept. 2	14 miles
⑮	Sept. 5	10 miles	Sept. 7	5 miles	Sept. 11	18 miles
⑯	Sept. 12	8 miles	Sept. 14	5 miles	Sept. 16	12 miles
⑰	Sept. 19	10 miles	Sept. 21	5 miles	Sept. 23	20 miles
⑱	Sept. 26	8 miles	Sept. 28	4 miles	Sept. 30	12 miles
⑲	Oct. 3	6 miles	Oct. 5	3 miles	Oct. 7	8 miles
⑳	Oct. 10	4 miles	Oct. 12	2 miles	Oct. 15	Marathon Day!

Half Marathon *Training Schedule*

The first 6 weeks are Base Training. We highly recommend this if it is your first full marathon.

*Training days are Tuesdays, Thursdays, and Saturdays

①	April 18	30min	April 20	35min	April 22	40min
②	April 25	30min	April 27	35min	April 29	40min
③	May 2	35min	May 4	35min	May 6	45min
④	May 9	40min	May 11	40min	May 13	50min
⑤	May 16	40min	May 18	40min	May 20	60min
⑥	May 23	45min	May 25	45min	May 27	5k

Official Training Starts!

①	May 30	3 miles	June 1	3 miles	June 3	4 miles
②	June 6	3 miles	June 8	3 miles	June 10	5 miles
③	June 13	3 miles	June 15	3 miles	June 17	5 miles
④	June 20	3 miles	June 22	3 miles	June 24	6 miles
⑤	June 27	3 miles	June 29	3 miles	July 1	7 miles
⑥	July 4	4 miles	July 6	3 miles	July 8	6 miles
⑦	July 11	4 miles	July 13	3 miles	July 15	7 miles
⑧	July 18	5 miles	July 20	4 miles	July 22	9 miles
⑨	July 25	5 miles	July 27	4 miles	July 29	6 miles
⑩	Aug. 1	5 miles	Aug. 3	4 miles	Aug. 5	7 miles
⑪	Aug. 8	5 miles	Aug. 10	4 miles	Aug. 12	8 miles
⑫	Aug. 15	5 miles	Aug. 17	4 miles	Aug. 19	10 miles
⑬	Aug. 22	5 miles	Aug. 24	5 miles	Aug. 26	10 miles
⑭	Aug. 29	5 miles	Aug. 31	5 miles	Sept. 2	8 miles
⑮	Sept. 5	5 miles	Sept. 7	5 miles	Sept. 11	11 miles
⑯	Sept. 12	5 miles	Sept. 14	5 miles	Sept. 16	6 miles
⑰	Sept. 19	6 miles	Sept. 21	5 miles	Sept. 23	12 miles
⑱	Sept. 26	5 miles	Sept. 28	4 miles	Sept. 30	8 miles
⑲	Oct. 3	4 miles	Oct. 5	3 miles	Oct. 7	10 miles
⑳	Oct. 10	3 miles	Oct. 12	2 miles	Oct. 15	Half Marathon!