

Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



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May
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Week Three

Preteen



Day 1

After watching, write one thing that:

Watch this week's episode of
The So & So Show by going to:
<https://bit.ly/PreteenSundaysatHome>

Even if you already saw it at church,
feel free to check it out again!

1. You liked:

.....

2. You learned:

.....

3. You'd like to know:

.....

A Devotional on Confidence.

FOR AN **everyday faith.**

Day 2

Read Acts 3:1-4:21

As you read Acts 3:1-4:21, circle anytime Peter is facing a situation where he likely felt under pressure.

You should have at least five circles.

Now go back and put a star beside each challenging situation when God was clearly with Peter.

How many stars do you have?

You should have the same number as circles!

Why is that? Because God is with you, no matter what!

Day 3

Use the following prompts to talk to God:

Was there a situation when you were overwhelmed, but you knew God was with you?

Thank God for being with you no matter what.

Is there something happening right now that makes you feel anxious or nervous?

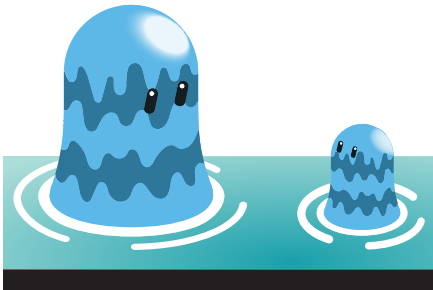
Pray that you will remember that God is with you no matter what.

Do you know someone else who is facing a tough situation?

Pray that they will feel God is with them and know the truth that God is with you no matter what.

Do you have a hard time remembering that God is with you?

Ask God to show up in a big way to show you that God is with you no matter what.



Day 4

When have you felt under pressure?

Write a list of at least five times in your life where you've felt under pressure. It could be situations at school, with friends, in your neighborhood, with your family. . .

1. _____

2. _____

3. _____

4. _____

5. _____



Now read out your list, but think about those situations in the future and end each one with "God, You are with me."

Read the whole list out loud, reminding yourself that **God is with you no matter what.**

Day 5

God is with you no matter what.

Or put another way, "GIWYNMW."

When you believe that, it will change the way you live!

Look back at what you wrote earlier in the week, about times when you have felt under pressure and knowing God was with you made all the difference. Where were you when that happened? (School? Church? Home?) What items do you have with you when you're there? (Backpack? Purse? Phone?)

Grab a sheet of paper and write GIWYNMW in fun lettering. Make several different ones and stick them in those items that you usually have with you in high-pressure situations.

Whenever you see GIWYNMW, you'll remember the truth that gives you confidence.

