

## DISCUSSION GUIDE

# Elijah

### DISCUSSION GOAL

Help your group to recognize how we, like Elijah can fall into self-pity and help them to see how responding to the call from God helps us to continue living on mission.

### ICE BREAKER



Go around the room and have everyone share one adjective of the character Eeyore. After everyone has shared ask the question, *'Would you want people to describe you in this same manner, why or why not?'*

### TEXT



*Have a member of your group read the passage aloud.*

### 1 Kings 18:1-18 ESV

<sup>1</sup>Ahab told Jezebel all that Elijah had done, and how he had killed all the prophets with the sword. <sup>2</sup>Then Jezebel sent a messenger to Elijah, saying, "So may the gods do to me and more also, if I do not make your life as the life of one of them by this time tomorrow." <sup>3</sup>Then he was afraid, and he arose and ran for his life and came to Beersheba, which belongs to Judah, and left his servant there. <sup>4</sup>But he himself went a day's journey into the wilderness and came and sat down under a broom tree. And he asked that he might die, saying, "It is enough; now, O Lord, take away my life, for I am no better than my fathers." <sup>5</sup>And he lay down and slept under a broom tree. And behold, an angel touched him and said to him, "Arise and eat." <sup>6</sup>And he looked, and behold, there was at his head a cake baked on hot stones and a jar of water. And he ate and drank and lay down again. <sup>7</sup>And the angel of the Lord came again a second time and touched him and said, "Arise and eat, for the journey is too great for you." <sup>8</sup>And he arose and ate and drank, and went in the strength of that food forty days and forty nights to Horeb, the mount of God.

***(Turn to the ESV Bible to continue reading verses 9-18)***

### MESSAGE OUTLINE



*This is what our pastoral team observed about the passage.*

**Title:** Conquering Self-Pity

**Big Idea:** God's call conquers our self-pity.

**Key Question:** How does God's call conquer our self-pity?

1. God calls us to Himself. (vv. 1-8)
2. God calls us to the truth (vv. 9-14,18)
3. God calls us to serve (vv. 15-17)

ELIJAH WEEK 4

## DISCUSSION



- How does God calling us pull us out of our self-pity to remain living on mission?
- Looking at vv. 8 we see that Elijah “went in the strength of that food forty day and forty nights to Horeb, the mount of God.” God had provided, through his angels, so that Elijah would have the strength to come to Him. How has God called you to Himself and drawn you towards Him?
- Reading vv.9-14 we see God remind Elijah of who He truly is through the wind, an earthquake, fire and a whisper God is reminding Elijah of His power and His Sovereignty over all things. Have you ever found yourself in a place where words of truth were shared with you that encouraged you? What we see in 1 Kings 19:4-5 is Elijah get to a point of fear, self-pity, and exhaustion. Considering the events of 1 Kings 18 and then Elijah’s response in 1 Kings 19:4 why do you think we respond similarly to God when things are not going as planned.
- In vv 15-17 God redirects Elijah and puts him back on mission. Reading Mark 10:45 we see Jesus say what exactly? Oftentimes we must be reminded that as followers of Jesus we are called to serve, to go and make disciples of all nations (Matt 28:18-20) Share about how serving in the church has helped you out of any kind of self-focus or despair and why you think it has this effect.

## LIFE APPLICATION



Are you stuck in self-pity and despair today? Do you believe that you deserve better than you have? Through God’s call to Himself, to truth and to serve others your self-pity and self-focus can be conquered. How will you, this week, listen for and walk in obedience to this call.

*Got your ideas below and send a picture to your group to remind everyone of your action steps this week.*

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## PRAYER REQUESTS




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