

Emmanuel

GOD WITH US

DISCUSSION GUIDE

DISCUSSION GOAL



Discuss the concept of humility as we consider Jesus' incarnation (God in flesh). Reflect on how your life has been a representation of considering others more important than yourself. Motivate each other to pursue Christ's humble example as you serve and obey others.

ICE BREAKER



Describe a time when pride got the best of you. What did you learn from that situation?

TEXT



Have a member of your group read the passage aloud.

Philippians 2:3-8 ESV

³Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. ⁴Let each of you look not only to his own interests, but also to the interests of others. ⁵Have this mind among yourselves, which is yours in Christ Jesus, ⁶who, though he was in the form of God, did not count equality with God a thing to be grasped, ⁷but emptied himself, by taking the form of a servant, being born in the likeness of men. ⁸And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross.

MESSAGE OUTLINE



This is what our pastoral team observed about the passage.

Big Idea: Follow Jesus' humble example.

Key Question: How do I pursue humility like Jesus?

1. Consider your position. (vv. 3-4)
2. Consider your mindset. (v. 5)
3. Consider your example. (vv. 6-9)

DISCUSSION



1. This week's passage is about humility. What benefits do you believe exist to being humble? What barriers exist to being humble today?
2. Paul challenges us to consider our lives in regard and relationship to others. He commands us to "consider others more important than ourselves" (2:3). How have you seen the concept of status, and an overinflated view of self, creep into your life?
3. Verse 4 commands that we ought to look out for the interests of others. [What](#) attitudes need to change in your mindset if you are going to pursue humility? What are practical ways you can "consider others more important than yourself?"
4. Humility is not something you can create within yourself. Rather, we can grow into humility because Jesus displayed perfect humility for us. How can you rest in Christ's work rather than your own in this endeavor?
5. Jesus, being fully God, became fully human. And as a human being, he took up the humble position and mindset of being a servant (2:6-8). How does Jesus' Incarnation (God in the flesh) serve as a model and hope for your own humility? Where are you emptying, serving, and obeying in your life?

LIFE APPLICATION



We have a great example to follow to be humble! Jesus has displayed for us how to pursue humility. We must put to death the ambition and pride that exist in our hearts. Jesus' own humility leads us down the road of putting others first. By looking to him and trusting him completely, we can become humble people.

What can you do this week, without any recognition to yourself or promotion of your own life, to care for, help, or serve another person? How can you get out of your own head and look after other people before yourself?

Jot your ideas below and send a picture to your group to remind everyone of your action steps this week.

PRAYER REQUESTS


