

Confessions

DISCUSSION GUIDE

DISCUSSION GOAL



Discuss the justice of God and what that means for our fallen nature and sin. Discuss what it looks like to receive wisdom from God and apply it to our lives.

ICE BREAKER



Describe a time you had a funny or embarrassing moment where you wished for a clean slate but had to own up to something you did or said.

TEXT



Have a member of your group read the passage aloud.

Psalm 51:3-6 ESV

- ³ For I know my transgressions,
and my sin is ever before me.
- ⁴ Against you, you only, have I sinned
and done what is evil in your sight,
so that you may be justified in your words
and blameless in your judgment.
- ⁵ Behold, I was brought forth in iniquity,
and in sin did my mother conceive me.
- ⁶ Behold, you delight in truth in the inward being,
and you teach me wisdom in the secret heart.

MESSAGE OUTLINE



This is what our pastoral team observed about the passage.

Big Idea: Confession requires that I take responsibility for my sin.

Key Question: How do I own up to my sin?

1. Acknowledge that God is just. (vv. 3-4)
2. Confess our fallen nature. (v. 5)
3. Receive the wisdom of God. (v. 6)

DISCUSSION



- Why do you think it is so difficult to take responsibility for your sin? What cultural factors come into play with confessing our sins?
- Read Psalm 9:7–8 and 1 John 1:9. What does it mean that God is just? Why does acknowledging that God is just help us confess our sins?
- What does it mean that humans have a fallen nature (See Ps 51:5)? When you consider our culture and the state of the world, is it easy to believe that humans are sinful by nature?
- David appeals to God’s wisdom in verse 6 of Psalm 51. How does the wisdom from God differ from the wisdom from the world? Where do you see wisdom from the world influencing you or other believers?
- Do you find it more difficult to confess your sin to God or to other people? Why do you think that is?

LIFE APPLICATION



The justice of God is often pitted against the love of God, but we see both being held together in Scripture. What next steps do you need to take as a group to lean into both God’s justice and love?

Join your ideas below and send a picture to your group to remind everyone of your action steps this week.

PRAYER REQUESTS


