

# Confessions

## DISCUSSION GUIDE

### DISCUSSION GOAL



Discuss what it looks like to experience renewal through God, why it's important to ask for renewal, and how our natural response is worship when we experience God's grace of renewal.

### ICE BREAKER



Have you taken part in or watched the unfolding of a restoration project? What was restored? How did it go?

### TEXT



Have a member of your group read the passage aloud.

### Psalm 51:7-17 ESV

- <sup>7</sup> Cleanse me with hyssop, and I will be clean;  
wash me, and I will be whiter than snow.
- <sup>8</sup> Let me hear joy and gladness;  
let the bones you have crushed rejoice.
- <sup>9</sup> Hide your face from my sins  
and blot out all my iniquity.
- <sup>10</sup> Create in me a pure heart, O God,  
and renew a steadfast spirit within me.
- <sup>11</sup> Do not cast me from your presence  
or take your Holy Spirit from me.
- <sup>12</sup> Restore to me the joy of your salvation  
and grant me a willing spirit, to sustain me.
- <sup>13</sup> Then I will teach transgressors your ways,  
so that sinners will turn back to you.
- <sup>14</sup> Deliver me from the guilt of bloodshed, O God,  
you who are God my Savior,  
and my tongue will sing of your righteousness.
- <sup>15</sup> Open my lips, Lord,  
and my mouth will declare your praise.
- <sup>16</sup> You do not delight in sacrifice, or I would bring it;  
you do not take pleasure in burnt offerings.
- <sup>17</sup> My sacrifice, O God, is a broken spirit;  
a broken and contrite heart  
you, God, will not despise.

### MESSAGE OUTLINE



This is what our pastoral team observed about the passage.

Big Idea: God's Restoration Leads us into Worship.

Key Question: How do I experience renewal and what should it do to us when we experience it?

1. Ask God for restoration. (vv. 7-12)
2. Respond to God's grace with genuine worship. (vv. 13-17)

## DISCUSSION



- In Psalm 51:7-12, David seeks God for renewal and restoration. What are some of the ways you have seen God do a restorative work in your life?
- David shows us that the first step towards receiving restoration is humbly asking God for it. Do you find it hard to ask God for restoration? Why or why not?
- Because of Jesus, we can be fully restored to a right relationship with God. Read 1 John 1:9. Why is it important that we are both restored from our sin once and for all by Jesus and seeking forgiveness and restoration from our sins regularly?
- David's response to being renewed by God is praise (v. 15) and testimony (vv. 13-14). How have you responded to God's grace in your own life? What does it look like to respond in worship and share the testimony of God's renewal to others in your life?
- Read Romans 12:1-2. What does it look like to respond as "living sacrifices?" How does Psalm 51:16-17 tie into this idea?

## LIFE APPLICATION



God sacrificed his son, Jesus, so we might be restored from a life of sin to a right relationship and standing with Him. When we humbly ask God for restoration, He is gracious to grant it to us and offers us a renewed life that leads us to praise Him! Based on the truth of this week's message how should we respond?

*Put your ideas below and send a picture to your group to remind everyone of your action steps this week.*

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## PRAYER REQUESTS



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**CONFESSIONS WEEK 4**