

## DISCUSSION GUIDE

# What God Says About

### DISCUSSION GOAL



*Discuss how sex is a gift from God and what it looks like to honor God with your sex life.*

### ICE BREAKER



What are three things that make you happy or can brighten your day?

### TEXT



*Have a member of your group read the passage aloud.*

### Passages from the book of Proverbs | ESV

**5:15-19** Drink water from your own cistern,  
flowing water from your own well.

<sup>16</sup> Should your springs be scattered abroad,  
streams of water in the streets?

<sup>17</sup> Let them be for yourself alone,  
and not for strangers with you.

<sup>18</sup> Let your fountain be blessed,  
and rejoice in the wife of your youth,

<sup>19</sup> a lovely deer, a graceful doe.

Let her breasts fill you at all times with delight;  
be intoxicated always in her love.

**6:25-28** Do not desire her beauty in your heart,  
and do not let her capture you with her eyelashes;

<sup>26</sup> for the price of a prostitute is only a loaf of bread,  
but a married woman hunts down a precious life.

<sup>27</sup> Can a man carry fire next to his chest  
and his clothes not be burned?

<sup>28</sup> Or can one walk on hot coals  
and his feet not be scorched?

**7:21-27** With much seductive speech she persuades  
him;

with her smooth talk she compels him.

<sup>22</sup> All at once he follows her,  
as an ox goes to the slaughter,  
or as a stag is caught fast

<sup>23</sup> till an arrow pierces its liver;  
as a bird rushes into a snare;

he does not know that it will cost him his life.

<sup>24</sup> And now, O sons, listen to me,  
and be attentive to the words of my mouth.

<sup>25</sup> Let not your heart turn aside to her ways;  
do not stray into her paths,

<sup>26</sup> for many a victim has she laid low,  
and all her slain are a mighty throng.

<sup>27</sup> Her house is the way to Sheol,  
going down to the chambers of death.

### MESSAGE OUTLINE



*This is what our pastoral team observed about the passage.*

Big Idea: Sex is a good gift from God.

Key Question: How do we honor God with our sex lives?

1. Delight in your spouse. (vv. 5:15-19)
2. Honor wise boundaries. (vv. 6:25-28)
3. Understand adultery's danger. (vv. 7:21-27)

## DISCUSSION



- Our passages today address the topic of sex, a topic that's often taught about in one of two extremes, total freedom or condemnation. Which extreme have you seen or heard more? Why do you think people lean in one of these two directions?
- What do you think of the statement, "Sex is a good gift from God?" When have you found it easy or difficult to believe this statement?
- Read Proverbs 5:15-19 and 1 Corinthians 7:2-5. These verses talk about the delight of sex within marriage. Why do you think God's plan for sex is between a husband and a wife? If you are married, how has the delight of sex affected you and your marriage? If you are single, how does knowing God's plan for sex influence you now?
- Proverbs 6:25-28 warn against lust. What does it look like to set good boundaries to guard your heart and life against lust? Share some of the things you've put into practice to prevent your heart and life from being "burned" (verse 27) by lust.
- Read Proverbs 7:21-27. What imagery is used to describe adultery in these verses? Why do you think the writer uses such strong language? In what ways has adultery impacted your life? Read Matthew 5:27. How does Jesus' definition of adultery impact your thinking?

## LIFE APPLICATION



The Proverbs teach us that sex is a good gift from God and show us how we can honor God with our sex lives. Whether you're single or married, what are some things you can do to honor God when it comes to sex? How can you hold each other accountable to these things as a group?

*Dot your ideas below and send a picture to your group to remind everyone of your action steps this week.*

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## PRAYER REQUESTS



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