

METAMORPHOSIS

DISCUSSION GUIDE

DISCUSSION GOAL



Discuss the mercy of God and why our response to his mercy should be worship. Discuss what it looks like to express our worship with our entire lives.

ICE BREAKER



We all love a transformation story! What is the most amazing transformation you've ever experienced/seen? It could be a first-hand experience or one that took place in a book or movie but impacted you greatly.

TEXT



Have a member of your group read the passage aloud.

Romans 12:1-2

I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. ²Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

MESSAGE OUTLINE



This is what our pastoral team observed about the passage.

Big Idea: Our response to God's mercy is a life of worship.

Key Question: How is a life of worship expressed?

1. By committing your body to the Lord. (vv. 1-2)
2. By rejecting the thinking of the world. (vv. 2a)
3. By receiving a renewed mind. (vv. 2b)

DISCUSSION



- Before jumping into Romans 12, take some time as a group to read the following verse from earlier in the book of Romans. **Read Romans 3:23; 6:23; 5:8; 10:9-10 & 13.** Now that you have some insight into what Paul has been sharing with the Romans, how does it change the way you understand this week’s passage in Romans 12?
- In light of God’s mercy, Paul calls us to worship the Lord by presenting our “bodies as living sacrifices.” What does it look like to worship God with our hands? Our feet? Our lips? How can we commit our full selves to the Lord.
- In verse 2 Paul encourages us to reject the way the world thinks. Discuss some of the differences between how the world thinks and what the Word says. How are our thoughts tied to our actions? How can rejecting the lies of this world help us to be living sacrifices?
- It’s not enough to reject the lies of this world, we need to also renew our minds with truth (v.2b). How have you worked toward renewing your mind? And how has the Holy Spirit helped you? Finally, share any resources you’ve found helpful in helping you think biblically about issues we face in our culture.
- When we accept God’s mercy of salvation our response should be a transformed life. If you’ve experience this transformation, share an example of how your life has been changed.

LIFE APPLICATION



Our response to God’s mercy is a life of worship! As a group discuss what you can do this week to present yourselves as living sacrifices to the Lord.

Got your ideas below and send a picture to your group to remind everyone of your action steps this week.

PRAYER REQUESTS


