

METAMORPHOSIS

DISCUSSION GUIDE

DISCUSSION GOAL



Discuss how we can deal with our anger in a way that honors God and reflects Christ and his gospel. Discuss how relying on God's wisdom can produce peace within us instead of anger.

ICE BREAKER



What is your go-to outlet for stress? Do you work out, read, binge watch your favorite show, etc.?

TEXT



Have a member of your group read the passage aloud.

James 3:13-18

¹³Who is wise and understanding among you? By his good conduct let him show his works in the meekness of wisdom. ¹⁴But if you have bitter jealousy and selfish ambition in your hearts, do not boast and be false to the truth. ¹⁵This is not the wisdom that comes down from above, but is earthly, unspiritual, demonic. ¹⁶For where jealousy and selfish ambition exist, there will be disorder and every vile practice. ¹⁷But the wisdom from above is first pure, then peaceable, gentle, open to reason, full of mercy and good fruits, impartial and sincere. ¹⁸And a harvest of righteousness is sown in peace by those who make peace.

MESSAGE OUTLINE



This is what our pastoral team observed about the passage.

Big Idea: Godly wisdom produces peace among people.

Key Question: How do we deal with anger in a God-honoring, Christ-like manner?

1. Worldly wisdom produces chaos. (vv. 13 - 16)
2. Godly wisdom produces peace. (v. 17)
3. Godly wisdom takes action. (v. 18)

DISCUSSION



- In this passage, James says that turning away from worldly wisdom and towards Godly wisdom will produce peace in our lives. Discuss a time in your life where neglecting Godly wisdom led to chaos.
- In verses 13-16, James focuses on how worldly wisdom will lead to chaos. What kind of worldly wisdom are you most tempted to follow? Has following worldly wisdom ever lead to chaos in your life? Share about that time with your Life Group if you are willing.
- In verse 17, James focuses on God's wisdom in contrast to the wisdom of the world. What are practical ways you can seek God's wisdom so that peace will be produced in your life?
- James ends this passage by highlighting the action of God's wisdom. What does a harvest of righteousness mean to you? How can you or your Life Group act to sow peace so there can be a harvest of righteousness?
- Read Psalm 4:4. The Psalmist here says it's okay to be angry, but commands us not to sin in our anger. How can we be angry, but keep from sinning? Discuss what God's righteous anger looks like and how we can reflect it.

LIFE APPLICATION



James' solution to anger in our lives is turning towards God's actionable wisdom. As a group discuss what you can do this week to seek God's wisdom and to turn away from your anger. How can you keep each other accountable for this?

jot your ideas below and send a picture to your group to remind everyone of your action steps this week.

PRAYER REQUESTS


