

DISCUSSION GOAL



To understand what it looks like to dwell in the Lord, to view God as constant and eternal, and to view our lives in light of this truth.

ICE BREAKER



Time seems to go fast or slow depending on what you're going through in life. Share about a time when life seemed to be dragging on and a time when life seemed to be flying by.

TEXT



Have a member of your group read the passage aloud.

Psalm 90:1-4

Lord, you have been our dwelling place in all generations.

- ² Before the mountains were brought forth, or ever you had formed the earth and the world, from everlasting to everlasting you are God.
- ³ You return man to dust and say, "Return, O children of man!"
- ⁴ For a thousand years in your sight are but as yesterday when it is past, or as a watch in the night.

MESSAGE OUTLINE



This is what our pastoral team observed about the passage.

Big Idea: Dwelling in the Lord is eternally secure.

Key Question: Why is it good for the Lord to be our dwelling place?

- 1. God has always been. (vv. 1-2)
- 2. God will always be. (vv. 3-4)

DWELL WEEK 1

DISCUSSION



- In verse 1 of this week's passage, Moses, the author, refers to God as "our dwelling place." What do
 you think Moses meant when he referred to God as a "dwelling place? What might that have
 practically looked like?
- Psalm 90 speaks of God as a constant presence in every generation (v.1), present from "everlasting to everlasting" (v.2). How have you experienced God's constant presence throughout your life?
- What do verses 3 and 4 reveal about how God views time and mortality? How might your life change
 if you consistently viewed your temporary circumstances in light of a constant and eternally present
 God?
- Read John 15:4-5. Jesus gives the command/invitation to "abide" in Him. The word "abide" carries the connotation of "making your home." In relation to Psalm 90, what steps can you take to better "make your home" in the Lord?" Or, What does it practically look like to make God your "dwelling place"?

LIFE APPLICATION



This week's passage challenges us to look at our lives in view of eternity and to recognize the constant presence of God. As a group come up with some ways in which you can make an effort to dwell with God this week.

Jot your ideas below and send a picture to your group to remind everyone of your action steps this week.	
PRAYER REQUESTS	