

## DISCUSSION GUIDE

### DISCUSSION GOAL



*To understand what it means that God has placed us under His protection and what it practically looks like to trust that truth.*

### ICE BREAKER



When you need to recharge or clear your head, where do you go?

### TEXT



*Have a member of your group read the passage aloud.*

#### Psalm 91:1-8

*He who dwells in the shelter of the Most High  
will abide in the shadow of the Almighty.*

*<sup>2</sup> I will say to the Lord, "My refuge and my fortress,  
my God, in whom I trust."*

*<sup>3</sup> For he will deliver you from the snare of the  
fowler  
and from the deadly pestilence.*

*<sup>4</sup> He will cover you with his pinions,  
and under his wings you will find refuge;  
his faithfulness is a shield and buckler.*

*<sup>5</sup> You will not fear the terror of the night,  
nor the arrow that flies by day,*

*<sup>6</sup> nor the pestilence that stalks in darkness,  
nor the destruction that wastes at noonday.*

*<sup>7</sup> A thousand may fall at your side,  
ten thousand at your right hand,  
but it will not come near you.*

*<sup>8</sup> You will only look with your eyes  
and see the recompense of the wicked.*

### MESSAGE OUTLINE



*This is what our pastoral team observed about the passage.*

**Big Idea:** Trusting that the Lord places us under his protection.

**Key Question:** Why should we trust fully in the Lord?

1. God secures with his presence. (vv. 1-2)
2. God shields with his faithfulness. (vv. 3-4)
3. God saves with his justice. (vv. 5-8)

## DISCUSSION



- This week's passage is about trusting in the Lord's protection over our lives. What things (other people, illness, temptations, etc.) do you need protection from? Share about some of the adversities you're facing or have faced recently.
- Verses 1-2 talk about "dwelling" and "abiding" in God's presence. How do you personally abide in the presence of the Lord? How has God's presence been a shelter to you in difficult times?
- Psalm 91:4 says God's "faithfulness is a shield." Take some time as a group to recount the faithfulness of God by sharing ways in which you've witnessed God's faithfulness in your past. How does recalling His faithfulness increase your trust in His ability to shield you in life's hardest moments?
- Revisit verses 5-8. The Psalmist says that there is no need to fear because God will have the final say over the wicked. Why is it hard to believe this? Read Romans 12:19-21 & Revelation 22:12. What do these verses say about the justice of the Lord and our part in that justice?
- Read Colossians 3:1-4. What does it mean for our lives to be hidden in Christ Jesus (v.3)? How does that free us to trust him for our protection?

## LIFE APPLICATION



This week's passage shows us how we can trust fully in the Lord's protection over our lives. As a group, brainstorm some ways in which you can place reminders of God's protection before you each day. Perhaps this looks like memorizing a passage of scripture or posting one in a place you'll see it when you need it.

*Jot your ideas below and send a picture to your group to remind everyone of your action steps this week.*

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## PRAYER REQUESTS



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